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No: SRU/NSS/Events/2023/

Date: 18-06-2023

**CIRCULAR**

**Sub:** Conduction of Rally Awareness on Yoga on 21-06-2023 at Pochamaidhan to CKM College Ground – Reg.

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This is to inform that, the National Service Scheme (NSS) of SR University will be organizing the "Rally Awareness on Yoga"

**Event** : Rally Awareness on Yoga  
**Place** : Pochamaidhan to CKM College Ground  
**Date** : 21-06-2023  
**Timings** : 7:00 AM to 12:30 PM

All the NSS Unit-1 Volunteers are required to participate in the event. For further details, Mr. K. Ravindar, NSS Programme Coordinator, may be contacted.

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(V) Ananthasagar. (M) Hasanpally  
Dt Warangal - 506371, T.S.



## Rally Awareness on Yoga

### Details of the Event:

**Date of the Event** : 21-06-2023  
**Name of the Event** : Rally Awareness on Yoga  
**Venue** : Pochamaidhan to CKM College Ground, Warangal  
**No. of Participants** : 72

### Objective:

The "Rally Awareness on Yoga" aimed to promote the benefits of yoga and encourage people to integrate it into their daily lives. The objective was to raise awareness about yoga's physical and mental health benefits, celebrate International Yoga Day, and inspire the community to adopt a healthier lifestyle through regular yoga practice.

### Description:

On June 21, 2023, the Rally Awareness on Yoga was held, starting from Pochamaidhan and concluding at CKM College Ground in Warangal, with 72 participants. The event featured a lively procession with participants carrying banners, placards, and signs highlighting the benefits of yoga. The rally included brief demonstrations of basic yoga poses and breathing exercises, as well as informational talks about the positive impacts of yoga on health and well-being. Dr. K. Ravindar guided the event, emphasizing the importance of yoga for maintaining physical and mental health.

### Outcome:

The rally successfully raised awareness about yoga and its benefits, engaging a diverse group of participants. The event highlighted the importance of incorporating yoga into daily routines and provided practical demonstrations of simple yoga practices. Participants left with a greater understanding of yoga and how it can enhance their overall health and quality of life.

### Impact on Society:

The rally had a significant impact by fostering a greater appreciation for yoga within the community. It encouraged individuals to embrace yoga as a means of improving their health and well-being. The event promoted a culture of physical fitness and mental tranquility, contributing to healthier lifestyle choices and enhanced community wellness.



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**Event Poster:**

# AWARENESS YOGA RALLY

Reach Your Inner Balance With Our

**ALL STUDENTS ARE INVITED**

21 Jun

**JOIN US**



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**Event Photos:**



"Empowering Wellness through Movement: Rally Awareness on Yoga Celebrates Health and Harmony in Warangal."



Volunteers List:

Sl.No.	Name of the student	Programme name	Signature
1	LUNAVATH ARYA	B.Tech (EEE)	Arya
2	MADARI SHIVA CHARAN	B.Tech (EEE)	Shiva Charan
3	MAISA NIRANJAN	B.Tech (EEE)	Niranjan
4	MATLA HARSHIKA	B.Tech (EEE)	Harshika
5	NEELAM HARSHITHA	B.Tech (EEE)	Harshitha
6	NUNAVATH RAKESH	B.Tech (EEE)	Rakesh
7	ODDEPALLI RAJKUMAR	B.Tech (EEE)	Rajkumar
8	RAHUL CHELPURI	B.Tech (EEE)	Rahul
9	REDDY RAJASHEKAR	B.Tech (EEE)	Reddy
10	SAMUDRALA PHANINDRA KUMAR	B.Tech (EEE)	Phanindra
11	SARIMALLA NIKHIL RAJ	B.Tech (EEE)	Nikhil
12	THURPATI SRI HARI	B.Tech (EEE)	Srihari
13	ADEPU VARSHITH	B.Tech (EEE)	Varshith
14	AKUNURI THARUN SAI	B.Tech (EEE)	Tharun
15	DOMALA NAVEEN KUMAR	B.Tech (CE)	Naveen
16	GONE THANU SRI	B.Tech (CE)	Thanu Sri
17	GUNDEBOINA THARUN	B.Tech (CE)	Tharun
18	KADEM JAYANTH	B.Tech (CE)	Jayanth
19	KASARLA NAVEEN	B.Tech (CE)	Naveen
20	KASARLA SANJAY REDDY	B.Tech (CE)	Sanjay
21	KATROJU SAI MOHANA CHARY	B.Tech (CE)	Sai Mohana Chary
22	KONGATI SPANDANA	B.Tech (CE)	Spandana
23	KORE MANEESHA	B.Tech (CE)	Maneesha
24	KURAPATI LOKESHWAR	B.Tech (CE)	Lokeshwar
25	RAGI RUTHWIK	B.Tech (CE)	Ruthwik
26	RAPARTHY SRIVANI	B.Tech (CE)	Srivani
27	SRIRAMULA AISHWARYA	B.Tech (CE)	Aishwarya
28	THALLAPPELLY SHIVANI	B.Tech (CE)	Shivani



29	VODAPALLI SAHITEJASWI	B.Tech (CE)	Sahithi Jaswi
30	AMANCHA CHARITHA DEVI	B.Tech (CE)	Charitha Devi
31	SUTHARI SANATH	B.Tech (ME)	Sanath
32	BODA VINOD KUMAR	B.Tech (ME)	Vinod Kumar
33	CHAPALA ABHILASH	B.Tech (ME)	Abhilash
34	DOGGALA MANOJ	B.Tech (ME)	Manoj
35	GAYAKWADA PRASHANTH KUMAR	B.Tech (ME)	Prashanth Kumar
36	KALAKOTLA HARSHINI	B.Tech (ME)	Harshini
37	MOHAMMAD AAMER	B.Tech (ME)	Aamer
38	MOHAMMED AFAAN MUDABBIR	B.Tech (ME)	Mudabbir
39	NAGAPURI HARI SHANKAR	B.Tech (ME)	Hari Shankar
40	CHANDRAGIRI NIKHITH	B.Tech (ME)	Nikhith
41	MANDAPELLI SAITEJA	B.Tech (ME)	Saiteja
42	GUGULOTH CHARAN	B.Tech (ME)	Charan
43	DEVARAKONDA AKSHAY KUMAR	B.Tech (ME)	Akshay
44	GONGALLA SANJAY	B.Tech (ME)	Sanjay
45	BADISHA MANOJ SAI	B.Tech (ECE)	Manoj Sai
46	BADRI KEERTHI	B.Tech (ECE)	Keerthi
47	BASWARAJU MANI SAI RAJ	B.Tech (ECE)	Mani Sai
48	CHELIKA AMULYA	B.Tech (ECE)	Amulya
49	CHIDURALA SOWMYA	B.Tech (ECE)	Sowmya
50	CHINTALA KEERTHI	B.Tech (ECE)	Keerthi
51	DONTHI SPANDANA	B.Tech (ECE)	Spandana
52	ELLABOINA SIDDHARTHA	B.Tech (ECE)	Siddhartha
53	ERUKULLA ARCHANA	B.Tech (ECE)	Archana
54	GUDIPATI RITHVIK REDDY	B.Tech (ECE)	Rithvik Reddy
55	JANAGAM SRIHITHA	B.Tech (ECE)	Srihitha
56	KOKKONDA NAGH SAI VIKHYATH	B.Tech (ECE)	Nagh Sai Vikhyath
57	KOKKONDA VAISHNAVI	B.Tech (ECE)	Vaishnavi
58	MEDARI RAKSHITH KUMAR	B.Tech (ECE)	Rakshith
59	MOHAMMAD ZEESHAN	B.Tech (ECE)	Zeeshan



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60	NARIGE GANESH	B.Tech (ECE)	Ganesh
61	RAMANUJA DEEVAN JOY PRITHAM	B.Tech (ECE)	Deevan
62	YELAGAM PRAGATHI	B.Tech (CSE)	Pragathi
63	ZOYA NAUSHEEN	B.Tech (CSE)	Nausheen
64	ANKAM MALLISHWARI	B.Tech (CSE)	Mallishwari
65	ASHISH ALUWALA	B.Tech (CSE)	Ashish
66	BHUKYA SAI CHARAN	B.Tech (CSE)	Saicharan
67	BONGONI VARUN SAI	B.Tech (CSE)	Varun
68	BONGU PREETHIKA	B.Tech (CSE)	Preethika
69	CHENNA VISHWA TEJA	B.Tech (CSE)	Vishwa Teja
70	CHENNURI SRIPUJA	B.Tech (CSE)	Sripuja
71	DAMERUPPULA ABHINAY	B.Tech (CSE)	Abhinay
72	GUNNA UDAY KRISHNA REDDY	B.Tech (CSE)	Uday Krishna

NSS PROGRAM  
COORDINATOR

**NSS COORDINATOR  
SR UNIVERSITY**

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REGISTRAR

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